

# PRO kantine 1, rekenblad

Vandaag: ..... grillburgers

.....	x 8 gram ketchup	=	.....	gram ketchup
.....	x 8 gram mayonaise	=	.....	gram mayonaise
.....	x 1 blad sla	=	.....	bladen sla
.....	x 10 gram ui, ongepeld	=	.....	gram ui, ongepeld
.....	x 3 plakjes augurk	=	.....	plakjes augurk
.....	x 1 plak tomaat	=	.....	plakken tomaat
.....	x 80 gram gehakt	=	.....	gram gehakt
.....	x 16 gram paneermeel	=	.....	gram paneermeel
.....	x 10 gram ei	=	.....	gram ei
.....	x 0,2 gram peper	=	.....	gram peper
.....	x 1,4 gram zout	=	.....	gram zout
.....	x 0,1 gram nootmuskaat	=	.....	gram nootmuskaat
.....	x 1 sesambol	=	.....	sesambollen

Vandaag: ..... porties plaatpizza

.....	x 38 gram broodmix	=	.....	gram broodmix
.....	x 1,7 gram margarine	=	.....	gram margarine
.....	x 23 gram lauw water	=	.....	gram lauw water
.....	x 13 gram paprika	=	.....	gram paprika
.....	x 13 gram salami	=	.....	gram salami
.....	x 17 gram geraspte kaas	=	.....	gram geraspte kaas
.....	x 17 gram tomatensaus	=	.....	gram tomatensaus
	oregano			oregano
	zout			zout